

The Saskatchewan Adaptive Snow Ski Club

2019-2020

The Saskatchewan Adaptive Snow Ski Club (SASSC) offers individuals with physical, developmental and cognitive disabilities the opportunity to participate in para-alpine skiing and adaptive alpine skiing. Our skiers and instructors come from diverse and dispersed geographical communities in Saskatchewan, such as: Waskesiu, Christopher Lake, Prince Albert, North Battleford, Warman and Saskatoon. While we primarily run programming out of Table Mountain Regional Park, our club also runs demonstration days at other locations. Below are some highlights of our 2019-2020 season:

- Negotiated a club rate for lift tickets for skiers and CADS instructors at Wapiti
- Maintained a stable registration of 17 members, reduced from the previous year due to interrupted season.
- Held 2x Club Ski Days at Table Mountain in the 2019-2020 season.
- Partnered with Sherbrooke Community Centre to engage three new skiers for a ski day at Table Mountain. Instructors worked with Sherbrooke staff throughout the day to ensure a great experience. This ski day was featured on The Don Show and on social media channels.
- Partnered with Saskatoon's Optimist Hill to host its first Demonstration Day in March – unfortunately this program was cancelled when a pandemic was declared that month.
- Planned events at Table Mountain, Wapiti, Optimist Hill and participation in the SaskTel Challenge Cup were canceled due to the pandemic in March.
- Tried the new Dynamique bi-ski by Enabling Technologies – jointly purchased with Sask Ski for Disabled through the 2019 Parasport Equipment Grant.

Goals and Objectives for 2020-2021 and beyond:

- We did not secure grants (beyond the MAP grant) this year for programming, recognizing the limited and uncertainty of safely delivering a program during a pandemic.
- We recognize that group size limits and safety protocols at ski hills may present significant challenges to programming this year.
- We aim to maintain a presence by working with “family bubbles” and 1:1 with skiers, if possible to do so. Our focus will be Spring, 2021 (or sooner if restrictions allow).
- We aim to provide a demonstration at Optimist Hill, in a limited capacity.
- We will not be advertising programming to the public this year as it seems irresponsible to do so, and the situation is fluid.
- Beyond 2020-2021, our focus is on: new skier engagement, maintaining the involvement of existing skiers, growing volunteer support and CADS Level 1 Instructors, getting 1-2 CADS instructors Level 2 certified, resuming partnership with Sherbrooke Community Centre

(presentation at the Centre and on-hill events), attend SaskTel Challenge Cup 2022 and attend CADS Festival for the first time 2022 or 2023.

Requests/Thoughts for Sask Ski for Disabled:

- Please provide written, SHA approved guidelines that will guide us in safe “return to snow” programming.
- We will have an interest in a refresher and CADS course, held jointly with other clubs and hills (if interested). Setting a date for training on the same weekend, annually, might help all clubs and hills to coordinate and promote their training activities better. While we are open to other weekends and suggestions from other clubs and programs, we can typically get interest and commitment for training on the first weekend in March.
- Being able to review Executive meeting minutes would be helpful from a club planning perspective – are these published somewhere? Can these be circulated by email?
- Reduced membership, programming and funding is expected for 2021-2022. It would be helpful if the Sask Ski for Disabled Programming could, through budget and collaboration, support both Nordic and para-alpine clubs in a return to more usual programming in the 2021-2022 year.